## **MANIFESTO**

My nickname was given to me once, mainly because I tried to develop my own belief-system, my own values, my own standards, my own expectations.

I was called **a** Mimosa Pudica.

All has been said and done before, therefore I do not aim to invent a new wheel:

I live in the now, with the wisdom of the past, one eye on the future.

Embracing my positives AND limitations.

Fighting against unjustness, dishonesty, discrimination, intolerance and ignorance.

-ignting **against** unjustness, disnonesty, discrimination, intolerance and ignorance.

Knowledge is KEY.

We are the only species who know they know. I know better, therefore do better.

Being human is **no excuse**. Age is no excuse. Money is no excuse.

The latter not the only way to achieve happiness, it will make life easier. Period.

KARMA is REALITY for me.

A songwriter questioned it, I **believe** without a doubt god was like one of us, a human being trying to find his way home. I **choose** my home, I **create** my home.

I **invite** the Beautiful Souls who empower me in my life, always **open** to neighbors who can enrich my being.

I create my own DREAMPACK,

respectfully for the *big* Dreampack I live upon. Part of nature, **fulfilling** my natural needs, **embracing** knowledge, techniques, possibilities from the time-period I happen to flow through.

SPIRITIUAL, not religious.

**Reach**ing out to my neighbors, I'll become a *master* of connection.

**Energy** is THE common factor;

we use the same, we breathe the same, we are connected through the same energy.

Trust and confidentiality are sacred to me.

My truth, doesn't have to be your truth. And vice versa.

It's the belief-system of my choice.

Born in The Netherlands, but a **citizen of the world**, I refuse to be *put in a box*.

I **choose** mine, being a woman, a spouse, a devoted friend for creatures of my choice, an animal therapist, an Achologist, a *connector*, a blogger.

I **choose** to stand up for myself. I **choose** to judge, to NOT condemn.

I cry, laugh, dance and rock whenever I feel it is right to do so.

I choose love, happiness, kindness and compassion.

Life is one big moment. The moment is NOW. I choose to live to the fullest.

Today, I CHOOSE to OWN the given nickname, because YES,

I am an imperfect unique human being.

Kind, loving, passionate, at times insecure and touchy.

As we all are, I am so much more.

Constantly learning and growing.