

## MANIFESTO

My nickname was given to me once, mainly because I tried to develop my own belief-system, my own values, my own standards, my own expectations.

I was called a Mimosa Pudica.

All has been said and done before, therefore I do not aim to invent a new wheel:

**I live in the now, with the wisdom of the past, one eye on the future.**

**Embracing** my positives AND limitations.

Fighting **against** unjustness, dishonesty, discrimination, intolerance and ignorance.

Knowledge is KEY.

We are the only species who know they know. I know better, therefore do better.

Being human is **no excuse**. Age is no excuse. Money is no excuse.

The latter not the only way to achieve happiness, it will make life easier. Period.

KARMA is REALITY for me.

A songwriter questioned it, I **believe** without a doubt god was like one of us, a human being trying to find his way home. I **choose** my home, I **create** my home.

I **invite** the Beautiful Souls who empower me in my life, always **open** to neighbors who can enrich my being.

I **create** my own DREAMPACK,

**respectfully** for the *big* Dreampack I live upon. Part of nature, **fulfilling** my natural needs, **embracing** knowledge, techniques, possibilities from

*the time-period I happen to flow through.*

SPIRITUAL, not religious.

**Reaching** out to my neighbors, I'll become a *master* of connection.

**Energy** is THE common factor;

we use the same, we breathe the same, we are connected through the same energy.

**Trust and confidentiality are sacred to me.**

My truth, doesn't have to be your truth. And vice versa.

It's the belief-system of **my choice**.

Born in The Netherlands, but a **citizen of the world**, I refuse to be *put in a box*.

I **choose** mine, being a woman, a spouse, a devoted friend for creatures of my choice, an animal therapist, a multi-disciplinary guidance practitioner, a *connector*, a blogger.

I **choose** to stand up for myself. I **choose** to judge, to NOT condemn.

I cry, laugh, dance and rock whenever I **feel** it is right to do so.

I **choose** love, happiness, kindness and compassion.

**Life is one big moment**. The moment is NOW. I **choose** to live to the fullest.

Today, I CHOOSE to OWN the given nickname, because YES,

I **am** an **imperfect unique** human being.

Kind, loving, passionate, at times insecure and touchy.

As we all are, I **am** so much more.

Constantly **learning** and **growing**.

I **AM** Patty Wolters